

SPECIFIC GUIDELINES PACK



This document acts as a guide to the specific considerations and undertakings for your potential record attempt and is to be used in conjunction with the **Guide to Your Evidence**, which outlines the evidence we require to verify the success of your record attempt. These guidelines should be read and understood by all concerned with the record attempt prior to the attempt – this includes every participant, organiser and witness.

These guidelines are specific to your record attempt and **must** be followed. Should any part of these guidelines be contravened, your record attempt will be disqualified, without any right of appeal.

Additionally, these guidelines in no way provide any kind of safety advice and cannot be construed as providing any comfort that the record attempt is free from risk.

Guinness World Records (“GWR”) accepts no responsibility for the safety of participants or bystanders in any record attempt. It is your sole responsibility to ensure that (a) all necessary safety precautions are in place and that all equipment used is suitable and thoroughly checked prior to the record attempt taking place and (b) you are in compliance with all applicable health and safety laws and regulations.

If you are attempting a record online using a non-GWR website, GWR is not responsible for the content of that platform or anything that may happen, including technical issues, during your attempt.

If you are organising a record attempt in association with an alcoholic brand you must seek explicit written permission in advance from GWR, otherwise your record may not be approved. Please send your requests to GWR using the Correspondence section in your online application.

If you are organising an online record attempt which may involve the consumption of alcohol, the following additional requirements must be met:

- The platform where the record attempt is to take place must include a responsible drinking message.
- Age restriction, targeting or affirmation technologies should be used, where available, to restrict access to users of legal purchase age or over.
- The record attempt must not be advertised in a manner which appeals to minors, encourages irresponsible drinking or offensive behaviour, or challenges participants to consume an alcoholic beverage.

The above guidance does not constitute legal advice and does not extinguish or dilute your contractual obligations to GWR.

If upon reviewing your evidence it becomes clear that any one of the above measures has not been adhered to, GWR reserves the right to disqualify the record attempt.

Finally, the provision of these guidelines in no way constitutes GWR's consent for you to undertake a record attempt. Any record attempt will only be considered to be authorised by us where you have signed our standard agreement in relation to record attempts.

Fastest time to visit all San Francisco metro stations

Record definition

- This record is for the fastest time to travel to all San Francisco Bay Area Rapid Transit (BART) metro stations.
- This record is to be attempted by an individual or a team.
- This record is measured in hours, minutes and seconds to the nearest 0.01 second.
- For the purposes of this record, the Bay Area Rapid Transit (BART) is a rapid transit system that runs predominantly throughout the San Francisco Bay Area in California, USA.

Rules for Fastest time to visit all San Francisco metro stations

1. This record is for the fastest time to travel to all San Francisco Bay Area Rapid Transit (BART) metro stations. Should there be any need for clarification, a list of stations not intended to be visited must be submitted to Guinness World records prior to the attempt with detailed reasoning why it is thought not required to visit.
2. It is necessary for a through train to stop at the station for the visit to count, although the applicant does not need to get out. Certain stations are normally only open at certain times of the day, and this must be taken into account in planning.
3. In the event that a terminal station is closed for long-term repairs, then the station must still be visited, but the station may be both arrived at and departed from on foot or by scheduled public transport. Proof of station closure must be submitted.
4. The beginning and end of the attempt must be clearly filmed. A stopwatch or clock must be visible in the frame.
5. In addition, timestamped video clips and/or photographs from all visited stations must be submitted.
6. If the record is attempted by a team, all participants must travel together as one unit.

Rules for 'fastest to visit all stations in an underground network' records

Please make sure you follow ALL these rules:

- a) The name of the person(s) making the attempt must be given, along with the date and place.
- b) It is not necessary to have an independent witness accompany the record attempt at all times. However, it is necessary to have two independent persons witness the beginning and the end of the record attempt, and confirm the exact time of each. Although it is preferable, it is not necessary for the same persons to serve as witness at both the start and the finish. However, a 'master' stopwatch must be started by a witness at the beginning of the event, and should be stopped by a witness at the end of the event. If the same persons cannot be witnesses at both start and finish, arrangements must be made for the stopwatch to be transferred between the start and finish witnesses. This 'master' stopwatch may not be carried by the participants on their journey. However, a separate stopwatch may be carried by the participants for their own reference if required.

- c) The clock must start the moment the doors close on the first train taken by the challengers. It must stop the moment the challengers set foot on the platform at the last station.
- d) The participant may take as many breaks as he/she wishes, but the clock must not stop at any time for any reason.
- e) All of the stations served by the metro system must be visited. It is essential that evidence of a visit to each station is provided.
- f) To 'visit' a station, the challenger must arrive and/or depart by an underground train in normal public service. It is necessary for a train to stop at the station for the visit to count, although the challenger does not need to exit the train or the station. If a station is normally open only at certain times of the day, this must be taken into account during planning. Only if a station is temporarily closed (e.g. for rebuilding, or in an emergency) will a non-stop pass through a station be acceptable. Details and evidence of stations not visited must be included with the evidence provided.
- g) Stations which are geographically separate and not linked but which have the same name must each be visited.
- h) It is only necessary to visit all the stations on the network, not to travel every stretch of line. Thus, if a station is served by more than one line it is not necessary to visit that station on each line.
- i) Challengers may travel the same stretch of track (and visit the same station) more than once if necessary.
- j) Attempts on this record must be continuous (i.e. any breaks or stops that are taken must be included in the final time).
- k) Transfers between metro lines must be made by scheduled public transport or on foot. The use of private motor vehicles, taxis or any other form of privately arranged transport (bicycles, skateboards etc.) is not allowed.
- l) In the event that a terminal station is closed for long-term repairs, then the station must still be visited, but the station may be both arrived at and departed from on foot or by scheduled surface public transport. Proof of station closure must be submitted.
- m) A photograph must be taken of the arrival at each station. The photograph must include the time the photograph was taken, either as a digital timestamp or in the form of a clock visible in the frame of the image.
- n) Log Book - A logbook detailing every stage of the journey, i.e. the time of arrival and departure from each station, the train number, line changes, commutes between lines and stations, etc. must be maintained. This book should illustrate clearly the route followed. All rest breaks or stoppages for whatever reason must also be fully detailed in the log.
- o) Witness statements - we require signed witness statements of authentication by the independent persons who attended the beginning and end of the attempt (refer to point [b]). These statements should originate directly from the witnesses, in their own hand, and be submitted where possible on their own headed notepaper and include full contact details. Witness statements must not take the form of documents pre-prepared by those involved in the record attempt.
- p) Witness Book - In addition to the two independent witness statements, a book must be made available for additional independent witnesses to sign. The book should be set up so that the following details can be included for each potential witness: a) Date and Time, b) Location, c) Name and d) Signature. We appreciate that it might not be possible to gain an unbroken line of witnesses for the attempt, but one should try to obtain as many as possible.
- q) Any relevant receipts should be submitted with your evidence pack.

r) The entire attempt must be filmed in case further evidence is required. It is not necessary to submit the full footage - a 'highlights package' will be acceptable but must include the following points: a) Footage of the start of the attempt, showing the doors closing, and with a timepiece clearly visible; b) any transfers between lines made on foot or by scheduled public transport; c) The end of the attempt, showing the challenger's arrival on to the final platform, and with a timepiece clearly visible. Please make sure you supply the following evidence:

- One cover letter explaining the context of the record attempt. Please indicate the date, time and exact location of the record attempt, your chosen witnesses and your record attempt measurement. Also please provide full details of the person(s)/organisation attempting the record including details on the preparation for the attempt.
- Two witness statements confirming the exact details of the start and end of the attempt, as well as explicitly confirming all of the rules have been adhered to.
- Photographic evidence is compulsory evidence for all record attempts. See rule (m) for details of photographic requirements for this attempt.
- Video evidence is compulsory evidence for this record attempt – see Rule (r).
- Log book as described above
- Witness book as described above
- Media articles (newspaper, online, TV or radio) can be submitted as part of the evidence requirements. This is not compulsory evidence.

Evidence checklist

- Cover letter
- Tickets
- Details of the route followed
- Witness statement 1
- Witness statement 2
- Witness log books
- Log book
- Photographic evidence
- Video evidence
- Media articles



WWW.GUINNESSWORLDRECORDS.COM/SET-A-RECORD

Figure 1